



## ASSEMBLY OUTLINE

### Needed Materials:

- Projector
- Projector screen
- Computer/tablet with Internet access
- Computer connected to sound
- Microphones

- I. Intro to the **be nice.** program
  - A. Introductory video (Available at [beniceonline.com](http://beniceonline.com))
- II. Defining N.I.C.E. (Get creative: skits and videos can be used to great effect)
  - A. Notice value
    1. Definition (see pages 22-23 of the Coordinator's Notes)
    2. What do we do well at our school when it comes to noticing value?
    3. What can we do better?
  - B. Invite respect
    1. Definition (see pages 24-25 of the Coordinator's Notes)
    2. What do we do well at our school when it comes to inviting respect?
    3. What can we do better?
  - C. Challenge apathy
    1. Definition (see pages 26-27 of the Coordinator's Notes)
    2. What do we do well at our school when it comes to challenging apathy?
    3. What can we do better?
  - D. Empower good
    1. Definition (see pages 28-29 of the Coordinator's Notes)
    2. What do we do well at our school when it comes to empowering good?
    3. What can we do better?



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## III. Voices From the Community

A. The purpose of this section is to let students know that they are not alone if they feel like they are being bullied, if they are suffering from depression, or if they have contemplated suicide. There are stories in your community that will help students understand that they are not alone!

## B. Student Stories

1. Have 3-5 students from your leadership chapter tell a story of how they have struggled as a result of how they were treated. These can be done in person or read anonymously by one of the leadership students. Ideally, these stories should end on a positive note, telling how the student overcame their challenges when someone was nice to them.

## C. Staff/Community Story

1. Do any of your school staff or community members have a story to share? Maybe they were bullied in school, or maybe they were the bully, only to realize later that what they were doing was wrong. Seek out speakers who can inspire your students to **be nice.** to one another.

## IV. Taking the **be nice.** Pledge

A. Wrap-up speech by the coordinator (see guidelines below)

B. Have students from the leadership chapter sign the pledge. Allow students from the crowd to sign the banner either immediately after the assembly or sometime during the school day.

## **be nice.** WRAP-UP SPEECH GUIDELINES

The **be nice.** coordinator often gives the closing speech at the assembly, but it can be given by another teacher or staff member the students connect with. In fact, all of the following points except the last can be made by a student leader if your chapter so desires. The important part is to leave the students motivated to change the culture of their school for the better.

Points to make in the wrap-up speech include:



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- “Think about whether or not you really ‘get it.’ Do you ‘get’ that you can have an effect on how someone thinks, acts, and feels by how you treat them? Each of us has a choice to make every single day about how we treat others. It’s much simpler to make the right decision with this knowledge: You can make someone’s day, week, or month—you can even save someone’s life—by being nice.”
- “Being nice can be as simple as smiling at someone instead of looking away. It can be more challenging, like choosing not to repeat gossip, or bigger yet, noticing and inviting someone you can tell is having a hard time. All of these simple or more difficult actions could save someone’s life.”
- “We learned today that we usually have no idea what happens to our peers outside of this building. We only know that we can control how we interact with them at [School Name].”
- “This is so exciting! Please keep a lookout for monthly activities that our leadership chapter will facilitate, reminding us all to notice, invite, challenge, and empower.”
- “Your fellow students, members of this **be nice.** leadership chapter, should be shown respect for what they have brought to our attention today. It takes a lot of bravery to speak to your peers about issues of this nature.” (Recognize the leadership chapter students with a round of applause.)

